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#Jenny



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Cool! I'am really happy

#Markus Jensen



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#Diego Butler



so many fake sites. this is the first one which worked! Many thanks

Review of ATP-III Guidelines

- LDL goals based on risk categories

LDL Cholesterol Goals and Outpoints for Therapeutic Lifestyle Changes (TLC) and Drug Therapy in Different Risk Categories.

Risk Category	LDL Goal	LDL Level at Which to Initiate Therapeutic Lifestyle Changes (TLC)	LDL Level at Which to Consider Drug Therapy
CHD or CHD Risk Equivalent (10-year risk $\geq 20\%$)	< 100 mg/dL	≥ 160 mg/dL	≥ 130 mg/dL (160-190 mg/dL - drug optional)*
2+ Risk Factors (10-year risk $\geq 20\%$)	< 130 mg/dL	≥ 130 mg/dL	10-year risk 10-20%: ≥ 130 mg/dL 10-year risk $\geq 10\%$: ≥ 160 mg/dL
0-1 Risk Factor†	< 160 mg/dL	≥ 160 mg/dL	≥ 190 mg/dL (160-189 mg/dL, LDL lowering drug optional)

- Secondary (non-HDL) goals

Risk Category	LDL Goal (mg/dL)	Non-HDL-C Goal (mg/dL)
CHD and CHD Risk Equivalent (10-year risk for CHD $> 20\%$)	< 100	< 130
Multiple (2+) Risk Factors and 10-year risk $\leq 20\%$	< 130	< 160
0-1 Risk Factor	< 160	< 190

ATP III Guidelines At A Glance. Available at <https://www.nhbi.nih.gov/atl/atl/cholesterol/outline.pdf>. Accessed 8/25/14

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