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ICE HOCKEY PACKET # 23

INSTRUCTIONS

This Learning Packet has two parts: (1) text to read and (2) questions to answer.

The text describes a particular sport or physical activity, and relates its history, rules, playing techniques, scoring, notes and news.

The Response Forms (questions and puzzles) check your understanding and appreciation of the sport or physical activity.

INTRODUCTION


Ice hockey is a physically demanding sport that often seems brutal and violent from the spectator's point of view. In fact, ice hockey is often referred to as a combination of blood, sweat and beauty. The game demands athletes who are in top physical condition and can maintain sensory motor at high speed.

HISTORY OF THE GAME

Ice hockey originated in Canada in the 19th century. The first formal game was played in Kingston, Ontario in 1855. McGill University started playing ice hockey in the 1870s. W. L. Robertson, a student at McGill, wrote the first set of rules for ice hockey. Canada's Governor General, Lord Stanley of Preston, offered a trophy to the winner of the 1885 ice hockey games. This was the origin of the now-famed Stanley Cup.

Ice hockey was first played in the U. S. in 1893 at Johns Hopkins and Yale universities, respectively. The Boston Bruins was America's first NHL hockey team. Ice hockey achieved Olympic Games status in 1922.

Through the years, ice hockey has spawned numerous trophies, including the following:



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